

LINGERIE SHOPPING GUIDE 2023

Hush & Wild

Boudoir



H&W

*Shopping for lingerie is a huge part of your Boudoir Shoot experience and we want it to be **fun**, not stressful! Here are some tips we've learned from over the years to help you shop for your body!*



Many of these photos are not ours and are credited appropriately



Tummies

First of all, tummies are so cute and we have loved helping clients become comfortable with the look of their bellies that they might be self-conscious of. However, if you're insecure about your mid-section and would like to conceal it a bit, we have some suggestions on what to shop for.

In terms of finding flattering lingerie for the belly, keep an eye out for pieces that accentuate the smallest point of your mid section. This can be found in pieces that have a band, strap, or pattern change in that section that brings your eye to it. We also love high-rise bottoms for a two-piece set and garter belts. Here are some examples:



-Thistle And Spire-
'Smokin Mirror High Waist
Brief'
XS-3XL



-Blue Bella-
'Alya Eco Black'
XS-2XL



-Thistle And Spire-
'Livia Brief'
XS-3XL

High-waisted bottoms are a great option for accentuating the small of your waste and giving some coverage to your lower belly!



-Hello LA Girl-
'Solid Elegant Embroidered
Lace Bodysuit'
S-XL

-Lounge-
'Livia Intimates Set'
XS-2XL

-Amazon-
'Aidlove Women Snap Crotch
Lingerie Sexy Lace Bodysuit'
XS-4XL

Cinching around the small of your waist or finding lingerie with detail toward the top /small of your waiste draws your eye to it. So flattering!



-Amazon-
'Kaei&Shi Garter Lingerie
For Women'
0-18



-Playful Promise-
'Fallon Cornflower
Blue Lace Set'
XS-3XL



-Lounge-
'Casey Intimates Set'
XS-3XL

Garter belts are our *favorite*; they add so much interest in a photo! They also are a great way to accentuate your smallest waist and provide some coverage to the lower belly. Pick a thicker garter for more coverage or visa versa.



-Pinsky-
'Sculpting Lace
Shapewear Bodysuit'
S-3XL

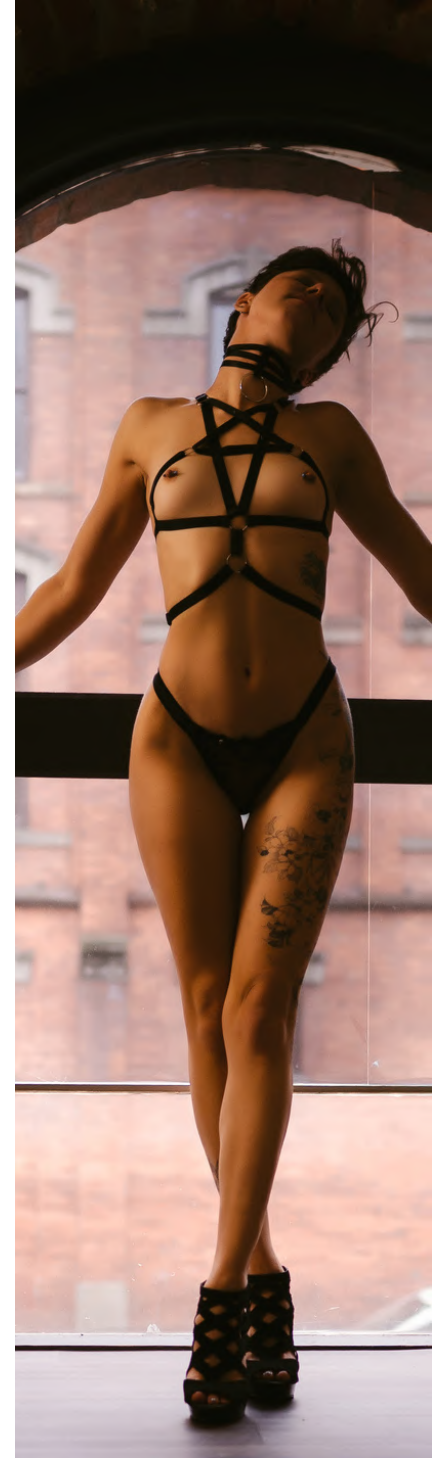


-Popilush-
'Sexy Lace Deep-V
Neck Bodysuits'
S-3XL

Shapewear is also great! We love the confidence that it brings to our clients who have worn it in the past, plus it just feels good!

Tummies pt. 2

If you love your mid section and want to accentuate it and show it off in your lingerie, less fabric is more! things like small dainty straps, bras that don't have extra fabric below the cups, and bodysuits with big cut-outs will work well in showing off your mid section.





-Hello LA Girl-
'Green Leaves Lingerie Set'
XS-XL



-Lounge-
'Luxe Balcony Bra'
30-40 / A-G



-For Love and Lemons-
'Glitter Panty'
XXS-XL

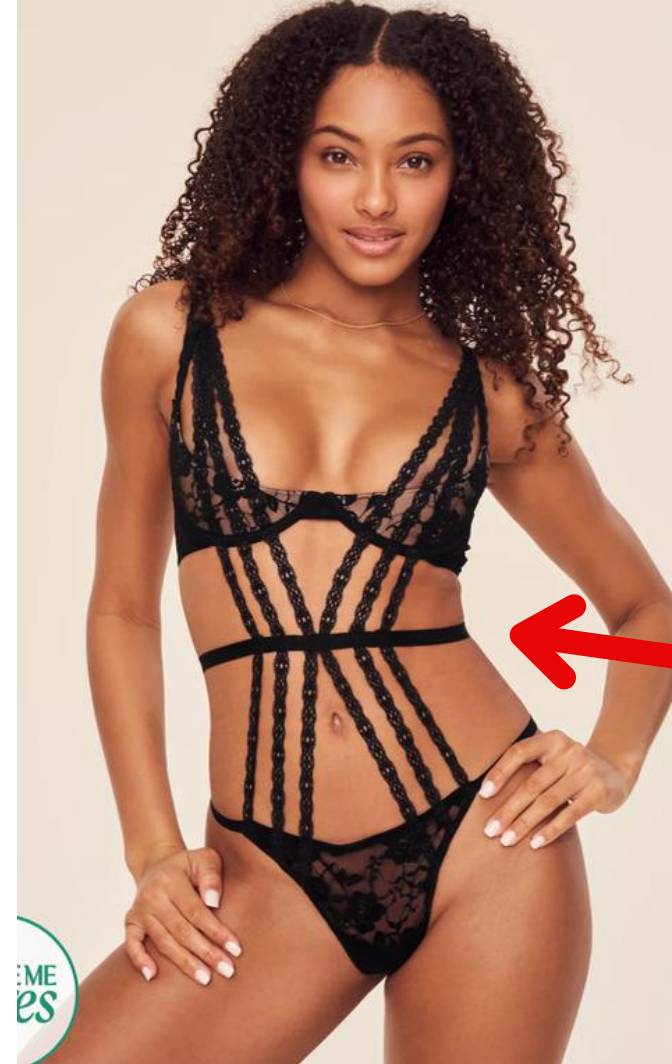
Choose a bra that doesn't have extra fabric below the cup to increase the amount of mid-section that is showing if you want to make your mid-section look longer or just to show off that mid-section!



-Victorias Secret-
'Gold Sequined Ziggy
Glam Teddy'
XS-2XL



-Honey Birdette-
"Jacinta"
XXS-XL



-Adore Me-
'Leila Contour'
XS-3XL

If you're shopping for a teddy that will elongate and show off your mid section, choose one with lots of cut outs on the sides or in the middle.



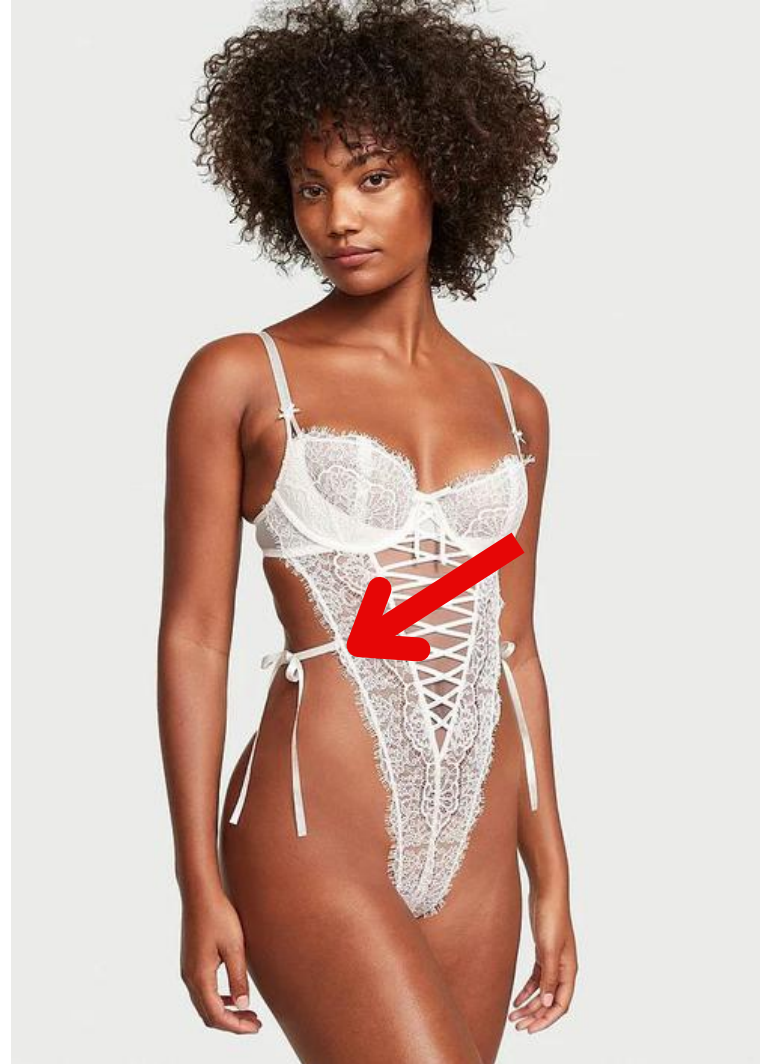
Thick thighs

Thighs are such a beautiful curve to have! If you are going for the look of a slimmer, longer leg, it's a good idea to look for lingerie that comes up and over your hips. This will cause a more lengthened and therefore lean appearance to your thighs!

We also suggest bringing at least one pair of heels to your shoot! Not only will your booty be poppin', but your legs will get some length from the heel as well!



-Blue Bella-
'Cassandra Wired Body Black'
Bra 30-40 & A-G



-Victoria's Secret-
'Wicked Unlined Lace
Crotchless Teddy'
XL-2XL *low in stock*

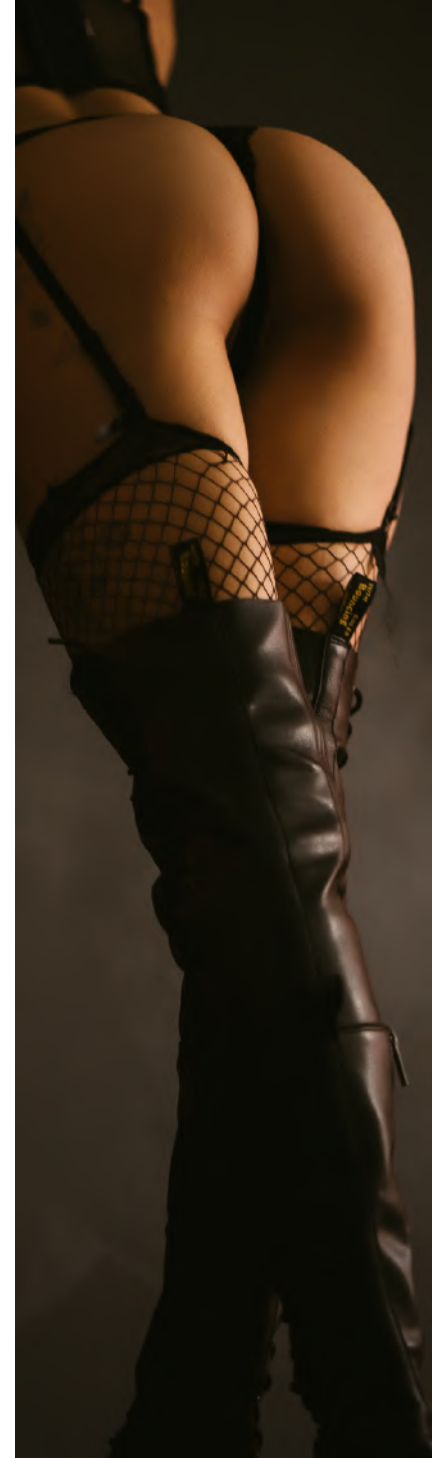


-Lounge-
'Emilia Intimates Set'
S-2XL

Choosing lingerie that comes up and over the hip is not only flattering for the booty, but also gives the thighs some more length. You can do this by choosing bodysuits or panties that come up high!

Thin thighs

Our biggest suggestion if you're interested in your thighs looking thicker is to let us know in your questionnaire! Posing will have more to do with this than your outfit.





Large chest

A lot of our clients with large breasts want to make sure their outfit lifts and supports their chest. We have some suggestions for the best lingerie to keep an eye out for! We also have boob tape in-studio that provides a little bit of lift for the thinner lingerie you might want to include in your shoot!

Keep an eye out for high-rise bottoms, fuller cups, padding, thicker fabric, or underwire while you shop.



-Bare Necessities-
‘Embroidery Longline
Bra’
30-40 / A-GG



-Playful Promises-”
‘Regent Green Mesh
Harness Balcony Bra’
30-44 / B-FF



-Thistle And Spire-
‘Ursa Bra’
XS-XL

Pieces with underwire and adjustable / thick straps to lift and hold your chest are a great option and are super common! You can also look for a cup with more coverage (higher cut) to prevent ‘spilling’.



-Victoria's Secret-
'Archives Burnout Satin
Corset Set'
XS-2XL



-Yandy-
'Zip it to Me Corset'
XS-2XL

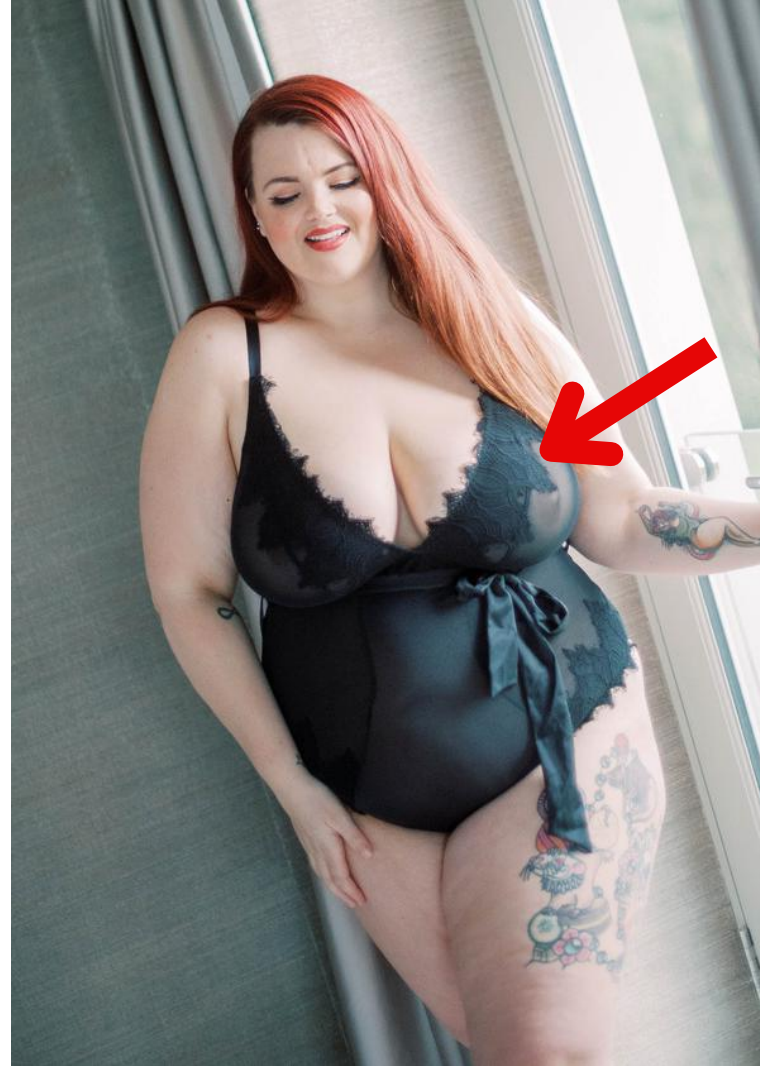


-Honey Birdette-
'Jael Red'
XXS-2XL

Corsets are great because they either have the option of lacing up the back to support your chest and fit your waist, or clasping together.



-Victoria's Secret-
'Wicked Unlined Sheer Dotted
Mesh Lace Apron'
XS-2XL



-Playful Promises-
'Wathena Black Lace
And Mesh Bow Body'
4-22



-Avidlove Babydoll
Lingerie'
S-3XL



Small chest

There are a lot of ways to create the illusion of a fuller chest. We love a gorgeous bodysuit that provides some lift with underwire. We also love a good set with an underboob cutout, they photograph so well! Keep an eye out for pieces with some padding as well if you're going for a fuller look.

We also love to naturally embrace the appearance of a small chest. You can shop for pieces with sheer fabric that allow for more visibility of these small curves as they are while still adding interest to your photos.



-Nordstrom-
'Cutout Faux Leather &
Mesh Bodysuit'
S-XL



-Lounge-
'Cecily Intimates Set'
XS-3XL



-Lounge-
'Mesh Bra'
XS-2XL

An underboob moment is always a vibe. Underboob is such a fun way to accentuat the shape of a small chest.



-For Love and Lemons-
'Cora Bodysuit'
32A-28DD



-Lounge-
'Remy Intimates Set'
XXS-XL



-Victorias Secret-
Push-Up Cutout
Lace Teddy'
XS-2XL

Padded cups and cups with underwire are great for creating the illusion of larger breasts. This can be with a body suit or just a bra!



-Honey Birdette-
'Angela'
XXS-XL



-Playful Promises-
'Wathena Black Lace
And Mesh Bow Body'
4-22



-Honey Birdette-
'Francesca'
XXS-2XL

Embracing your natural chest without lifting or padding is gorgeous. Here are examples of lingerie with fun pattern and less / thinner fabric around the chest. This will show off your natural chest without adding to it!

A pregnant woman with dark hair is lying on her side on a bed with white linens. She is looking out a window with a brick wall visible. The scene is dimly lit, with light coming from the window. The text is overlaid on the right side of the image.

Most importantly...

Bring outfits that make you feel *good*.

Bring outfits that make you feel like *you*.

**Now that you have these tips
and tricks in your arsenal,**

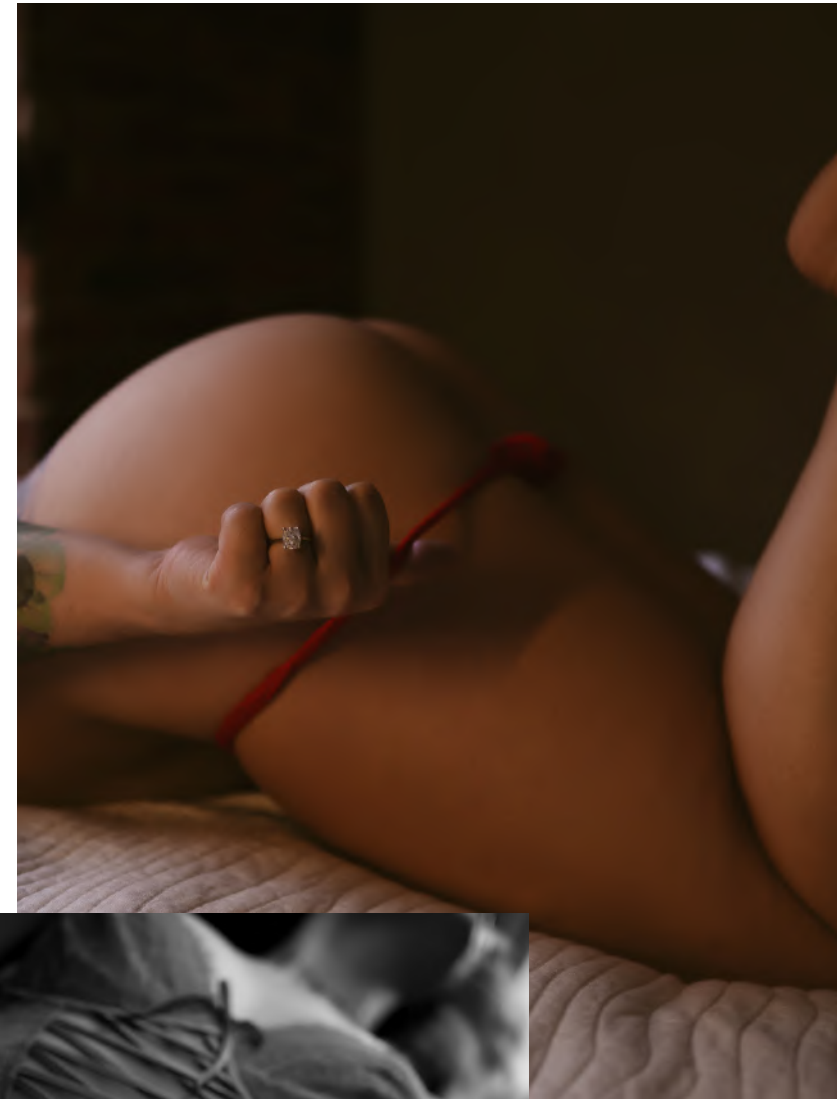
Go have fun shopping!

We want to emphasize that you are going to absolutely rock your photoshoot no matter what outfits you bring. So much of a flattering photo comes from lighting, angles, and posing, too. And of course we have that covered for you!

By no means do you need to follow this guide nor do you need to incorporate every tip pertaining to your body in each piece of lingerie you buy.

We read your questionnaire answers, we listen, and we promise you're in good hands!

See you soon!



Hush and Wild Boudoir
www.hushandwildboudoir.com

